

Community Connections



BE ON THE LOOKOUT FOR A BBQ NEAR YOU!

Klamath Falls SORB: Friday, August 18th

Douglas SORB: Friday, September 8th

Coos SORB: in September

More details to follow!

Prepare for Severe Summer Weather

Summer brings warm weather, beach days, and fun in the sun, but you should prepare for possible severe weather. This includes extreme heat & beach hazards.

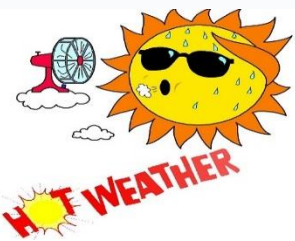
Prepare your family for summer weather hazards while at home or traveling. Learn how to prepare and respond to the hazards most common during the summer.

EXTREME HEAT:

- Avoid strenuous work during the warmest part of the day. Use a buddy system when working in extreme heat, and take frequent breaks.
- Dress in loose-fitting, lightweight, and light-colored clothes that cover as much skin as possible. Avoid dark colors because they absorb the sun's rays.
- Protect face and head by wearing sunblock and a wide-brimmed hat.
- Postpone outdoor games and activities.
- Stay indoors as much as possible and limit exposure to the sun.

BEACH HAZARDS

- Check water conditions before going in by looking at the forecast.
- Only swim at a beach with lifeguards.
- Don't assume! Great weather for the beach does not always mean it's safe to swim or even play in the shallows. Rip currents often form on calm, sunny days.
- Learn how to spot a rip current.
- Never turn your back on the ocean.
- Do not stand or walk on driftwood. It could roll over on top of you.



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"A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken." - James Dent



Do you know that SORB has a website?
Check it out at www.sorb.us



Dan G.
Wade R.
Cassandra R.
Leslie G.
Michael C.
Rachel H.
James A.
Dorene N.
Jonathan H.
Rick R.
Raheem L.
Peter M.

Rex H.
Wesley W.
George L.
Cheyenne K.
Scott C.
Jamie R.
Aaron B.
Kaleb C.
Lamar B.
Michael R.
Jordan B.
Isiah W.

Raider B.
Timothy E.
Heather T.
Derick H.
Wesley T.
Christopher W.
Timothy L.
Aldrick W.
Kerry F.
Nina G.
Lurena A.
Shyann G.

Edward L.
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Gregory C.
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Kitt J.
Brian H.
Zachary L.
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Kelsey G.

Tyler H.
Matthew C.
William H.
Damian H.
Ernest F.
Ashley A.
Martell S.
Jennifer N.
Kathryn N.
Betsy L.
Diane C.
Sarah W.